



Breast Milk Donors Are Incredible

What it takes to be a Prolacta Bioscience breast milk donor

Being a breast milk donor isn't easy. It takes a significant time and effort to donate excess breast milk to help medically fragile infants in need.

Before donating

Moms undergo a thorough qualification process to ensure the health of themselves and their infant, as well as the safety of their breast milk.



- 80 question Medical and Lifestyle questionnaire
- Confirmation of Health certificate from mom's physician and baby's pediatrician
- Confirmation that their own infant has been fed breast milk up to 6 mos. old
- Blood tests for human immunodeficiency virus (HIV) type 1 and type 2, human T-lymphotropic virus (HTLV) type I and II, hepatitis B (HBV), hepatitis C (HCV), and syphilis
- DNA sample (cheek swab) to match donated breast milk with qualified donor
- Freezer temperature verification

Once qualified, donor moms spend 2 to 8 hours per day on activities required to donate their excess breast milk. (Up to 240 hours per month)



Pumping



Cleaning and sanitizing pump parts



Storing and freezing



Packing and shipping



Hydrating and eating



Prolacta sets **stringent safety requirements** for moms donating their milk for the vulnerable infants Prolacta serves.



HUMAN MILK CHAMPION

Donor moms work hard to stay qualified as Prolacta breast milk donors:

- Communicate with the milk bank in real time regarding health and lifestyle changes
- Maintain a consistent pumping, cleaning, and sanitizing routine on a daily basis
- Routinely organize their freezers for easy milk access, and maintain best practice of first-in-first-out to send milk in order of expression

Many factors are considered when determining a donor's eligibility to requalify. Scan to learn more



Because of the significant time, effort, and resources required to donate, Prolacta gives moms the option to be compensated or redirect the compensation to charity, recognizing their commitment to helping critically ill and premature infants.

Without our donor moms, fragile infants around the world would not have access to the essential human milk-based nutrition they need to thrive.

Thank you, Human Milk Donors!

[Prolacta.com](https://www.prolacta.com)

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